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## MYERS BRIGGS TYPE INVENTORY®

*“Whatever the circumstances of your life, the understanding of type can make your perceptions clearer, your judgments sounder, and your life closer to your heart’s desire.”*  
- Isabel Briggs Myers

**Purpose:** Leadership, Management, Personal and Team Development

**Format:** On-line or “paper-and-pencil” assessment. 93-item questionnaire.  
Estimated completion time: 15-25 minutes. Group reports available.

**Potential Uses:**

- Individual assessment, coaching and development
- To complement an existing management or leadership development initiative
- To establish a profile of a group’s strengths, areas in need of development, and problem-solving and conflict management styles in order to develop an action plan to improve team productivity

**Assessment:** MBTI® identifies thinking preferences and valuable differences between normal, healthy people. It is widely used for a variety of purposes, including organizational development, team-building, management and diversity training, leadership development, and problem-solving, as well as career, academic and relationship counseling.

Work with the MBTI® helps individuals increase their personal and organizational effectiveness by:

- Understanding the implications of their own preferred work styles and their most natural contributions
- Becoming aware of how others might see them
- Identifying some potential blind spots and areas for growth
- Appreciating valuable differences between people and how each contributes to an organization
- Learning ways to get the best from differing types

